



# PROBUZZ...

Monthly Newsletter From

## PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)

Regd (148/2004)

An association of Retired Professionals,  
Businessmen, Government Employees and others

Donate Liberally  
for scholarship  
fund and  
avail 80G  
Concessions

Share your  
happiness of  
various events  
in your family  
by donating to  
Sunshine Fund



### ஆற்றுவார் ஆற்றல் பணிதல் அதுசான்றோர் மாற்றாரை மாற்றும் படை

குறள் 985

ஆற்றலுடையவரின் ஆற்றலாவது பணிவுடன் நடத்தலாகும். அது சான்றோர் தம் பகைவரைப் பகைமையிலிருந்து மாற்றுகின்ற கருவியாகும்.

Stooping (to inferiors) is the strength of those who can accomplish (an undertaking); and that is the weapon with which the great avert their foes.

## From The President's Desk



Dear Fellow Probians,

Greetings!

It is a great pleasure to connect with you through the August 2026 edition of PROBUZZ.

A key agenda item passed at the EC Meeting was on the Senior Citizens' Medical Benefit Fund (SJSCMBF). The fund will continue to be reviewed till December every year. Thereafter, the balance amount will be used to support financially

challenged inmates of old age homes against genuine medical bills, and also to extend help to lesser-known homes deserving our patronage.

It is with profound grief that we record the passing of our beloved members Past President PF Dr. K. Panchalan and Dr. D. S. Prasad. On behalf of Probus Club of Chennai, I convey our deepest condolences to their families. May their souls rest in peace. Om Shanti.

On 24th July 2026, I, along with a few prime members, participated in a press conference organized by FOSCATAN at the Chennai Press Club. We highlighted key issues affecting senior citizens: formation of the Tamil Nadu Senior Citizens Commission, increase of old age pension to ₹3,000 per month with wider coverage, stronger healthcare infrastructure, and enhanced welfare allocations. Our club remains committed to causes that uphold the dignity, health, and security of elders

Our July Breakfast Meeting was truly special. We were honoured to have Padma Shri Dr V. S. Natarajan as Chief Guest with his Special Address on Senior citizens' health and to release the book "Muzhu Aarogyam Ungal Kaigalile". Dr S. Abirami Premnath delivered an excellent talk on Naturopathy and wellness. Probian Hariharan V travelled from Mumbai and mesmerised us with a beautiful violin recital. My thanks to all speakers and to Past President R.T. Namasivayam for sponsoring the books.

Looking ahead, our flagship Scholarship Distribution Programme will be held on 2nd September 2026. I seek every member's support to make it a success. Work has also begun on the 33rd Edition of our

Annual Publication. Please contribute articles and help secure advertisements from your organisations, yourself, and families.

A reminder that the next Membership Directory will be published in 2027. Kindly update and share your details with the designated team. We will soon announce dates for our Fellowship Tour and Annual Walkathon to promote friendship, health, and fellowship.

My sincere gratitude to all Breakfast and Newsletter Sponsors and to every member for your continued support.

With warm regards,

**Annadhurai M.**

*President, Probus Club of Chennai*

## SECRETARY'S REPORT

Dear Probians, Greetings.

This is my third month of interacting with you all in person.

**Highlights of the Month:** EC Meeting: The Executive Committee meeting was held on 11th July 2026.

**New Member:** We are happy to welcome Mr Raja Sundaram C to the Probus family. We extend a warm welcome to him.

**Website Renewal:** Our club website has been renewed for the period from 14.06.2026 to 14.06.2027 with M/s R D Bytes.

After the hectic schedule culminating in our AGM on 30th June, we now gear up for our next major event. Our flagship Scholarship Distribution Program is scheduled for September. As a team, we have already started the preparations to meet the deadline. I seek the support and cooperation of all members to ensure the smooth and successful conduct of this important event.

With warm regards,

**Pbn. M. Sappani Pillai**

*Joint Secretary*



## We Wish A Very Happy Birthday to all Probians having Birthdays in August 2026

| Sl. No. | Name of Probian         | M.No. | Date of Birth |
|---------|-------------------------|-------|---------------|
| 1       | Deivasigamani N.        | L-333 | 1.08          |
| 2       | Muralikrishna S         | L-345 | 2.08          |
| 3       | Venkataraman Hari       | L-395 | 2.08          |
| 4       | Nirmala Thyagarajan Dr. | L-083 | 5.08          |
| 5       | Vearaiyan P.T.          | L-223 | 5.08          |
| 6       | Venkatesan R.           | L-044 | 13.08         |
| 7       | Damodharan A.           | L-244 | 16.08         |
| 8       | Anantharaman T.V.       | L-236 | 17.08         |
| 9       | Ramaswami P.P. Dr.      | L-162 | 17.08         |

| Sl. No. | Name of Probian       | M.No. | Date of Birth |
|---------|-----------------------|-------|---------------|
| 10      | Veeraraghavan K.V.    | L-394 | 19.08         |
| 11      | Rajan S               | L-287 | 20.08         |
| 12      | Uma Doraiswamy        | L-258 | 26.08         |
| 13      | Gomathi Narayanan Dr. | L-011 | 27.08         |
| 14      | Velumani S            | L-272 | 27.08         |
| 15      | Augustine B           | L-065 | 28.08         |
| 16      | Venkataraman R        | L-314 | 30.08         |
| 17      | Jegannathan G         | L-411 | 26.08         |

# EDITOR'S

## COLUMN



**Dear Probian brothers and sisters,**

Monsoon rains have shown it's vagaries. Some parts of the country have had continuous downpour days on end while others face deficit. We have also had a show of strength of a different kind which has led to a serious re-look at the entry point structure for aspiring youth. We have had a press meet organised by FOSCATAN to urge upon the state govt. to form a senior citizen commission to alleviate their long standing demands. The president of. Foscatan Sri V. Rama Rao, Probus Past President and member of District Committee Sri R T. Namasivayam, President Probus Club of

Chennai M. Annadhurai were in attendance. This issue has an article on the Legendary cricketer late sir Garfield Sobers and Football Prodigy of Spain Lamine Yamal, the FIFA cup victory by Spain over Argentina by Probian. R. Varadarajan and an article in Tamil by our EC Member Dr. K. Ramalingam on spiritualism. The views and opinions expressed in the articles and writeups are solely those of the respective authors. The Probus Club of Chennai does not accept any responsibility for the accuracy, correctness or completeness of the content.

**V. Balachander, Editor**  
Blchndrv781@gmail.com

## Wedding Day LIST AUGUST 2026

| S. No | Name of Probian      | Wed. Dt | Spouse Name             |
|-------|----------------------|---------|-------------------------|
| 1     | Vijendra Rao V.      | 15.08   | Mrs. V. Padmini         |
| 2     | Kailash G.S. Dr.     | 17.08   | Mrs. Dr. Chitra Kailash |
| 3     | Balaguru G.          | 20.08   | Mrs. Gowri Bala         |
| 4     | Sridhar R.           | 21.08   | Mrs. S. Latha           |
| 5     | Jayakumar S          | 22.08   | Mrs. J. Susheela        |
| 6     | Sukumar S            | 24.08   | Mrs. S. Gayathri        |
| 7     | Chandrasekaran P     | 26.08   | Mrs. C. Mahalakshmi     |
| 8     | Sakthivel Rajaa S.L. | 26.08   | Mrs. S.S. Jeyalakshmi   |
| 9     | Sappani Pillai M     | 26.08   | Mrs. Jayalakshmi        |
| 10    | Rajan S              | 27.08   | Mrs. Masathiar          |
| 11    | Ramaraj V            | 28.08   | Mrs. R. Seethalakshmi   |
| 12    | Sundaram K.V.        | 29.08   | Mrs. K.V. Vijayakumari  |
| 13    | Suresh Yagneswar     | 29.08   | Mrs B. Chitra           |
| 14    | Kumar N              | 30.08   | Smt. K.P. Malliga       |
| 15    | Sridharan P.         | 30.08   | Mrs. Asha Sridharan     |
| 16    | P S Srikumar         | 23.08   | Mrs. Sangeetha          |



## JULY CONTRIBUTIONS

| Sr. No. | Breakfast         | AMOUNT | S S FUND      | AMOUNT | PROBUZZ        | AMOUNT |
|---------|-------------------|--------|---------------|--------|----------------|--------|
| 1       | Dr. Ramalingam    | 2000   | Jagannathan V | 500    | Dhayalan V     | 700    |
|         |                   |        | Jayakumar S   | 600    | Dr. Ramalingam | 1400   |
|         | Lakshmi Natarajan | 1000   |               |        |                |        |
|         |                   |        | Anantha       |        |                |        |
|         |                   |        | Krishnan P    | 1000   |                |        |

## Breakfast Meeting held in Russian house on 1st August 2026

Two guests namely Padmasri Dr V S Natarajan and Dr Abhirami Premnath spoke on Geriatric Health, Wellness and Precautions to be observed by the elderly.



## Probus Clubb of Cheyyar had their Monthly Meeting on 18th July. The Chief Guest was Dr Chandran Renowned Dentist who spoke on Oral Care.

செய்யாறு புரோபஸ் கிளப் கூட்டம் 18.7.26 சனிக்கிழமை காலை 10.30 மணிக்கு குறிஞ்சிசுருகன் இல்லத்தில் நடைபெற்றது.

இறைவணக்கம் M.புகழேந்தி பாடினார். உலகளாவிய இறைவழிபாடு மனோகரன் பாடினார். P.இராஜேந்திரன் வினாடி-வினா நிகழ்த்தினார். ஆடி மாத சிறப்புகளை மெய். பூங்கோதை விளக்கி கூறினார்.

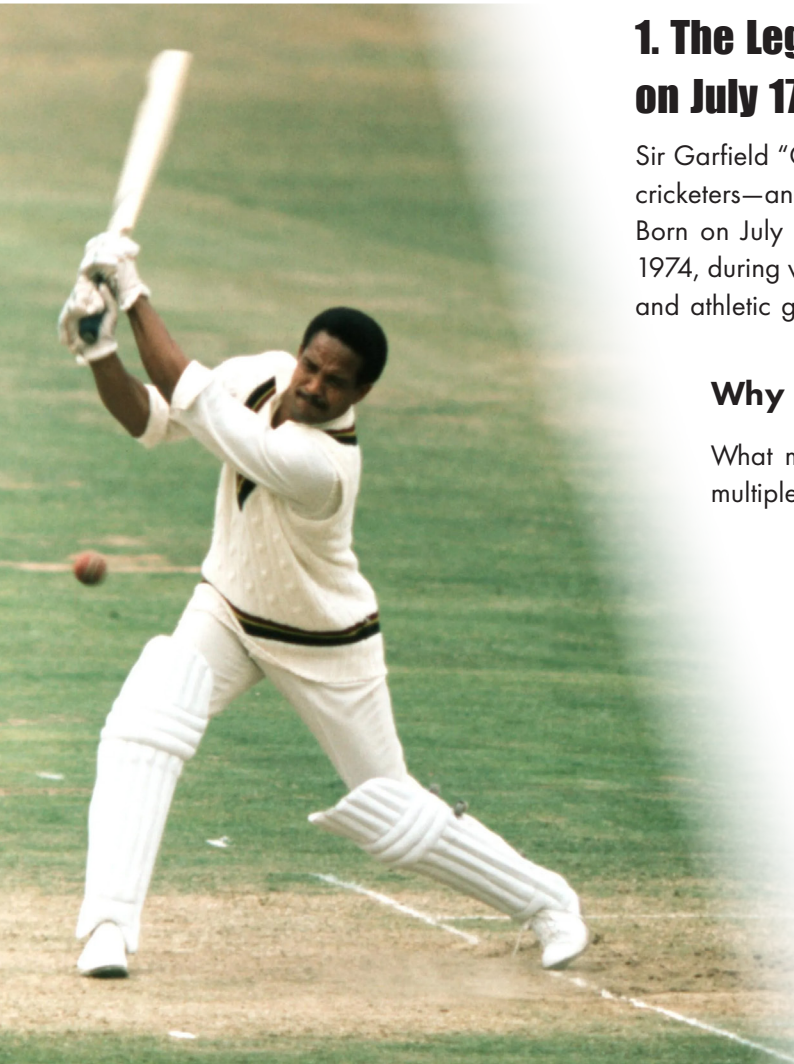
சிறப்பு அழைப்பாளர் Dr. சசிதரன், B.D.S. “கலை பல் மருத்துவமனை” அவர்கள் பற்களில் ஏற்படும் நோய்கள் அவை வராமல் தடுப்பதும் நோய் தீர்க்கும் வழிகளை விளக்கி சொற்பொழிவு ஆற்றினார். இம்மாதம் பிறந்தநாள்,



திருமணநாள் காணும் நாற்பது உறுப்பினர்களுக்கு பொன்னாடை அணிவித்து இனிப்பு வழங்கப்பட்டது.

செயலாளர் T.செல்வராஜ் நன்றி கூறக்கூட்டம் முடிவுற்றது. அனைவருக்கும் மதிய உணவு வழங்கப்பட்டது.

# Important happenings in sports 2026



## 1. The Legend of Sir Garfield Sobers died on July 17th 2026 at the age of 89.

Sir Garfield “Garry” Sobers is universally regarded as one of the greatest cricketers—and arguably the finest all-rounder—to ever play the game. Born on July 28, 1936, in Barbados, his career spanned from 1954 to 1974, during which he dominated world cricket with his immense versatility and athletic genius.

### Why He is Considered the Ultimate All-Rounder

What made Sobers truly unique was that he wasn’t just good at multiple disciplines; he was world-class at every single one of them.

**Elite Batsman:** An elegant, aggressive left-handed batsman who could tear apart any bowling attack.

**Three Bowlers in One:** As a bowler, he was remarkably ambidextrous in his skills. He could bowl left-arm fast-medium pace with the new ball, and then switch to left-arm orthodox spin or chinaman (left-arm wrist spin) as the pitch aged.

**Brilliant Fielder:** He possessed lightning-fast reflexes, making him an exceptional close-in fielder, particularly at slip or short leg.

### Historic Milestones & Career Highlights

**The 365 World Record (1958):\*** At just 21 years old, Sobers scored a monumental 365 not out against Pakistan in Kingston. This stood as the highest individual score in Test history for 36 years until Brian Lara broke it in 1994.

**Six Sixes in an Over (1968):** Playing for Nottinghamshire against Glamorgan, Sobers became the first batsman in first-class cricket history to hit six sixes in a single six-ball over, off the bowling of Malcolm Nash.

**West Indies Captaincy:** He captained the West Indies in 39 Test matches between 1965 and 1972, leading them through an era of formidable dominance.

### Career Statistics

Sobers’ statistics reflect a career of staggering consistency at the highest level:

He played 93 test matches scoring 8032 runs with a batting average of 57.78. His high test score is 365 runs. Besides he had taken 235 wickets.

### Legacy and Honours

In 1975, Queen Elizabeth II knighted Sobers for his extraordinary services to cricket. In 1998, he was named one of the Five Wisden Cricketers of the Century, alongside Sir Donald Bradman, Sir Jack Hobbs, Sir Shane Warne, and Sir Viv Richards.

Today, the ICC’s annual award for the World Player of the Year is named the Sir Garfield Sobers Trophy in his honour.



## 2. When one star in sports pass away another is born- people believe in rebirth term this as God sent event!

A new sensation in football - Lamine Yamal of Spain at the age of 17 years is creating history.

**Lamine Yamal, Messi and a date with destiny**

In 2007, during a charity calendar shoot, Lionel Messi of Argentina held Yamal as a baby. The photo went viral.

Nearly two decades on, it has become part of football folklore in the 2026 FIFA cup matches. In the finals on July 19th, both Messi and Yamal played in the opposite teams. Both the countries speak spanish language. In the 106th minutes Torres scored the winning goal for Spain.

### Snippets:

For the 2030 tournament, FIFA has officially confirmed that six countries will receive automatic qualification as part of a unique, multi-continental centenary celebration.

### The 2030 Automatic Qualifiers

The tournament will primarily be hosted by three nations across Europe and Africa, while three South American nations will host special opening "centenary" matches to commemorate 100 years since the inaugural World Cup in 1930. All six countries are guaranteed spots: Morocco(Africa), Spain & Portugal - (Europe) (3 adjoining co host countries)

Uruguay (1930 inaugural host and Champion), Argentina (1930 runner up) and Paraguay (Headquarters CONMEBOL) from South America

### Key Details About the Format

**Qualifying Matches:** Even though the three South American hosts (Argentina, Uruguay, and Paraguay) are automatically qualified, they are still expected to participate in the CONMEBOL qualification fixtures to maintain competitive balance and determine seeding/placements.

**Tournament Structure:** The competition will feature 48 teams. The opening three ceremonial matches will be played in South America before the entire tournament shifts to Morocco, Portugal, and Spain for the remainder of the group stage and knockout rounds.

Past President Sri R.T. Namasivayam



### NEW MEMBER

**L418 – C. Rajasundaram** | Introducer – Pbn P.S.Armugam

Scientist, **Dob.:** 09/09, Mobile: 9789895572, 9600112324.

**Mail id:** rajurmnhmysore@gmail.com

**Address:** 1A, Ramaniyar Trinity, old no 20, New no 25, South Avenue, Kamaraj Nagar, Tiruvanmiyur, Chennai 600041.





## Learning from the FIFA World Cup 2026

What ultimately decided the trophy?

Was it the brilliance of one player, or the strength of the entire team?

The answer is clear: the trophy belonged to a team—not to a single star.

Spain emerged as champions not because they depended on one outstanding individual, but because they played with unity, discipline, and a collective spirit. Teams featuring global superstars such as Messi, Ronaldo, Mbappé, or Haaland did not lift the trophy. This World Cup reminded us that no individual, however brilliant, is greater than the team.

Throughout the tournament, individual players produced moments of magic and often dominated the headlines. Yet, when the final whistle of the competition was blown, it was Spain's teamwork, cohesion, and shared purpose that stood above everything else.

The greatest lesson from the FIFA World Cup 2026 is that collective teamwork is the ultimate winner. Individual excellence is invaluable, but by itself it cannot guarantee success. Lasting achievements are built on trust, cooperation, and a common goal.

This lesson extends far beyond football. If nations and people across the world learn to work together as one global unit—setting aside conflicts, divisions, and differences—we can move closer to lasting peace, harmony, and prosperity for all.

Let us strive to work together, collectively and decisively, because the greatest victories in humanity, as in football, are achieved by unity—not by individuals alone.

Probian R. Varadarajan

## ஆகமம் ஆகிநின்று அண்ணிப்பான் தாள் வாழ்க

ஆகமம் என்பது வேத சாஸ்திரம் என்றும், ஆப்த வாக்கியம் என்றும் கூறப்படுகிறது. ஆப்த வாக்கியம் என்பது வேதமாகும். வேதம், ஆகமம் என்றே அழைக்கப்படுகிறது. வேதத்தின் பிழிவே ஆகமம் என்பப்டும். ஆகமம் என்னும் வடமொழி வார்த்தை, தொன்று தொட்டு வரும் அறிவு என்றும், வேதங்களுக்கும், சாத்திரங்களுக்கும் அமைந்த பெயராக இருப்பினும், சிறப்பாக கடவுள் வழிபாட்டை, மந்திரம், ரகசியம், மூர்த்தி, ஆலயம் ஆகிய முறைகளை விரித்துக் கூறுகிறது. இதனையே சிவஞான சித்தியாரும் வேதம் பசு, அதன் பால் ஆகமம் என்றும் கூறுகிறது. திருமூலரும், மணிவாசகரும் இதையே கூறுவர்.

பிங்கள மதம் என்றநூல் ஆகதம், கதம், மதம் என்ற மூன்று சொற்களிலுள்ள முதல் எழுத்துக்களின் சேர்க்கையால் ஆகமம் எனும் பெயர் தோன்றியது என்கிறது. ஆ என்பது ஞானத்தையும், க என்பது மோட்சத்தையும், ம என்பது ஆணவத்தின் அழிவையும் குறிப்பதால், ஞானத்தால் மலத்தை நீக்கி வீடுபேறு அளிக்கும் நூல் எதுவோ அதுவே ஆகமம்.

வேத வழியில் வந்த சைவ சமயத்தின் அடிப்படை பிரமாண நூல்களாக விளங்குவன ஆகமங்கள். சதாசிவப் பெருமானிடமிருந்து நாத ரூபம், சாத்திர ரூபங்களாக

வெளிவந்தன என்பர். சிவபெருமான் மலமற்ற தன்மை உடையவர் ஆதலால் தமது சக்தியால் ஞான சாஸ்த்திரங்களை அருளியுள்ளார் ஞானமையமான திருமேனியுடைய சதாசிவமூர்த்தியால் அருளப் பெற்றனவே வேதங்களும் ஆகமங்களும்.

தமிழகத்தில் மட்டுமின்றி இந்தியா முழுவதிலும் காணப்பெறும் கோயில்களும், திருமடங்களும் பெரும்பாலும் ஆகமங்கள் கூறிய முறையிலேயே கட்டப்பட்டுள்ளன. ஆகமங்கள் ஆலயம் அமைக்கும் முறைகளையும், அங்கு நிகழ வேண்டிய கிரியை வகைகளையும், மக்கள் ஆலயங்களில் செய்ய வேண்டிய முறைகளையும் தெளிவாக கூறுகின்றன.

ஆலயங்கள் திருக்கோயிலுக்கான இடத்தை தேர்ந்தெடுத்தல் முதல் திருக்குடமுடிக்குவரை அனைத்தையும் நன்று கூறுகின்றன. திருவிழாக்கள் சமய உண்மைகள் பலவற்றையும் விளக்குகின்றன. கோயில்களின் உறுப்புக்கள் முறைப்படுத்துவதால் ஒழுங்கின்மையும், அழகின்மையும் தவிர்க்கப்பட்டுள்ளன. வழிபாடு, விழாக்கள் சீராக ஒழுங்காக நடக்க உறுதுணையாகும், மக்கள் போக்கில் நயதியின்றி செய்ய அனுமதியில்லை. எனவே ஆகமம், கோயிலுக்கென்ற உருவாக்கப்பட்ட மனைச்சாத்திரமாக விளங்குகிறது என்பது உண்மை.

Probbian Dr K. Ramalingam

## Dates to Remember: Saturday 22<sup>nd</sup> August 2026

Breakfast Meeting cum Independence Day Celebrations

**Guests of Honour:** Col A. Krishnaswami, Vir Chakra, Vsm

Surgeon Captain **C V Natarajan**, Wing Commander **S. Ravi Kumar**

**Venue:** Russian Centre for Science and Culture, 74 Kasturi Ranga Road, Teynampet, Chennai 600018

Scholarship Distribution Function will be held at same venue on **2nd September**.

Chief Guest: **Dr A. Kalyani**, Advisor, VIT, Chennai Campus (former VC, TN open Univ, Chennai).

**Probn M. Annadhurai**

Cell: +91 8056001101  
President

**Probn. V. Ramaraj**

Cell: +91 88259 81503  
Secretary

**Probn. Nelson Philip**

Cell: +91 97100 25720  
Treasurer

**Probn. V Balachander**

Cell: +91 9962901964  
Editor and VP

## Designed & Printed @ COMPUPRINT

Flat C, ARISTO, No: 9, 2nd Street, Gopalapuram, Chennai 600 086.

Phone : 044 - 2811 1224 / 2811 6768 | Email : compuprint@gmail.com | Web : www.compuprint.in

## DONATE LIBERALLY TO PROBUS EDUCATION FUND

Book Post



If undelivered please return to

**V. Balachander**

Flat T33, I blk Jains Avantika,  
55 Manapakkam Main Road, Chennai 600125.

Mobile: 99629 01964

To \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_